



## A MESSAGE FROM THE DIRECTOR

Welcome students of 2017!

You have made a great choice by choosing to study at the Nelson Mandela Metropolitan University. In embracing your studies we hope that you also embrace the values and principles championed by former President Nelson Mandela and which are reflected in the NMMU core values. Your choice to study within the



School of Industrial Psychology and Human Resources is also a wise one. You are now part of a team in which you will find that your lecturers and other staff in the school have your best interests at heart and want to play an active role in helping you to achieve the goals you have set for yourself.

Your major goal is to graduate and become a productive member of the workforce. This will entail commitment and hard work, effective time management and open communication with your lecturers. It will require a clear understanding of the course material and an ability to interpret and apply this knowledge in the work-place one day. This means that you will have to actively participate in the learning experience by engaging in class discussions and taking part in group assignments, presentations and other activities. In becoming a productive member of the workforce and regarded as an asset

to your employer you will need to develop other skills such as the ability to communicate well, to be adaptive, socially aware and a critical thinker. In order to do so you should make use of opportunities presented both within and beyond the classroom. Your lecturers will create opportunities to facilitate the development of these skills.

An additional goal which you have set for yourself is to have a good time socially by making new friends, taking part in sport, joining clubs and societies and learning more about other people from diverse backgrounds. This will require that you find opportunities to socialise and mix with others. Lecturers will aid in this process by creating projects where you will work in groups.

In the spirit of preparing you to achieve your goals as a NMMU student, we have compiled a list of "10 Tips For Academic Success" which can be found in this newsletter.

I welcome back the staff of our School. May we continue to work together as a highly effective and supportive team in ensuring the success of our students. Class of 2017; I encourage you to get to know your lecturers early on in your studies to enable us to get to know you and understand where we may be of assistance.

May 2017 be a year of great academic success and the start of an exciting new journey for each one of you.

Prof Michelle Mey



Academic Excellence Awards Ceremony 2016

## Meet our staff...



**Mrs. Nuraan  
Agherdien**



**Prof. Roelf  
Van Niekerk**  
Head Of  
Department of  
IOP



**Prof. Michelle  
Mey**  
Director Of  
School of IP and  
HRM



**Dr. Amanda  
Werner**  
Head Of  
Department of  
HRM



**Ms. Richenda  
Koeberg**



**Ms. Jennifer  
Bowler**



**Mrs. Ophelia  
Veldkornet**



**Mrs. Loreen  
Le Roux**



**Dr. Chantel  
Harris**



**Mrs. Bridget  
De Villiers**



**Ms. Yonela  
Dube**



**Prof. Rob  
Snelgar**



**Ms. Stacy  
Shelton**



**Mr. Frik Nortje**

## And our support staff...



**Mrs. Kendra-  
Lynn Roodt**



**Ms. Kim  
Weatherall-  
Thomas**



**Mrs. Elaine  
Coetzee**



**Ms. Alex  
Niekerk**



**Mr. Jordin  
Slabbert**





Professor Mey addressing guests at the annual Academic Excellence Awards Ceremony.

### **TEN TIPS FOR ACADEMIC SUCCESS:**

**1. Attend lectures regularly.** Students who are always in class are the students who do well.

**2. Find your method.** Find a study method that suits you. It is also important to make sure that your study area is clean, neat and pleasant to work in.

**3. Make contact with your lecturers.** Come and chat to us if you do not understand the work or are battling with your studies for whatever reason.

**4. Be proactive.** Be proactive by familiarising yourself with the work before going to lectures.

**5. Keep the balance.** It is important to listen to your body. Your body needs adequate rest as well as exercise to enable you to manage stress.

**6. Do not engage in unprotected sex.** In addition to the transmission of HIV/Aids and STDs this risky practice could lead to a pregnancy which could complicate your life unnecessarily at this point in time.

**7. Make use of the University's facilities.**

These facilities are there to provide you with the resources to assist you in making your studies a success such as libraries, computer labs and Student Counselling.

**8. Read.** There is a definite link between reading and academic success. The more you read the easier it becomes to read, summarise, reflect, reason and debate about what you have read.

**9. Be proud of your appearance.** What you wear and your attention to personal hygiene does send out messages about how you see yourself and how you want others to see you.

**10. Learn about the values of NMMU and practice them in your daily life.** Develop your own personal value system.



Some of the award winners at the 2016 Awards Ceremony



Some of our staff members doing their part for Mandela Day 2016

### How to save money at university:

1. **Make your own lunch.** The temptation to buy food on campus will be strong but bringing your own lunch helps you fight the hunger for fast food.
2. **Budget.** Decide how much money you intend to spend daily or weekly: this will help you control your finances and avoid running out of funds when they are most needed.
3. **Local deli's.** If you're type that likes a cooked meal but you are too lazy to prepare it yourself the deli section at any of the local shopping centers situated around the Summerstrand Campuses; they serve daily fresh cooked meals which are very delicious as well as low priced.
4. **Car pool.** Have a car pool club with some of your class mates. You can take turns picking each other up; or one person can drive and everyone contributes towards the petrol.
5. **Textbooks.** Try and buy as many of your textbooks second hand or look for online copies.

*Following these tips will make university life cheaper and teach you how to spend, responsibly.*

## NMMU Values

### Respect for diversity



- We reflect and serve diverse regional, national and global communities
- We promote an open society where critical scholarship and the expression of a multiplicity of opinions and experiences are

actively encouraged

- We foster an environment in which diversity is appreciated, respected and celebrated
- We are committed to accessibility, inclusivity and social justice

### Excellence



- We promote, recognise and reward excellence in our teaching, learning, research and engagement
- We promote, recognise and reward excellent service delivery to all our stakeholders
- We provide a supportive and affirming environment that enables students and staff to reach their full potential
- We adopt innovative approaches to promote excellence in our institutional processes and systems

### Integrity



- We commit ourselves to the highest standards of personal honesty and exemplary moral character
- We behave in an ethical and professional manner
- We conduct our activities in an accountable and transparent manner
- We ensure the integrity of our information, systems and processes

### Ubuntu



- We are a people-centred university
- We respect the dignity of others
- We recognise our mutual interdependence
- We promote compassionate and responsible citizenship.

### Respect for the natural environment



- We care about the environment and recognise our responsibility to conserve, protect and properly manage natural resources for ourselves and future

generations

- We promote the integration of sustainability principles into our academic practices, institutional operations and design of physical infrastructure
- We encourage mutually beneficial and sustainable approaches to community service and engagement
- We inspire students and staff to embrace environmentally friendly practices

### Taking responsibility



- We acknowledge our personal responsibility for ethical behaviour towards others
- We assume responsibility for the achievement of personal and institutional goals
- We accept responsibility for our actions and the consequences thereof
- We provide an environment that encourages students and staff to take responsibility for their academic and professional endeavours